

Children and Mental Health
Presented by Deena McMahon

Be advised this was a live video conference presentation. Please be patient with the beginning of the DVD and the break in the middle. Thank you!

<https://www.youtube.com/watch?v=WUephhoUB9g&feature=youtu.be>

1. Describe mental health.
2. Children in foster care are in a _____ environment.
3. Define diagnosis:
4. Define regulation:
5. Mental health affects child development. True or False
6. What tool is used in diagnosing young children?

Autism

7. What causes autism?
8. List 3 symptoms of autism.
9. List 2 interventions for children with autism.

Depression

10. Depression is a brain-based illness. True or False
11. How many teenagers are depressed?
12. Depression symptoms last longer than a week. True or False

13. You can ignore children who say “I want to kill myself”. True or False

Anxiety

14. _____ in _____ children are born with anxiety.

15. Anxiety is environmentally and neurologically based. True or False

16. The goal of therapy is to _____ emotion.

17. Medication may need to be adjusted. True or False

PTSD

18. _____ formation has changed in a child with PTSD.

19. List 3 characteristics or symptoms of someone with PTSD.

20. What are 3 key factors to success in school that are affected by PTSD.

ODD

21. Children between the ages of 0-12 typically show extremely argumentative behaviors? True or False

22. _____ therapy is the best treatment option for a child with ODD.

23. Tangible rewards and consequences work with children who have ODD. True or False

ADHD

24. To correctly diagnose ADHD, behaviors must be observed in what 3 settings?

25. Familiar, consistent, structure and routines or helpful to children with ADHD. True or False

26. What are 2 strategies that you can implement to help a child with ADHD?

RAD

27. Attachment is formed in-utero and within the 1st three years after birth. True or False

28. Children with RAD have an _____ to trust.

29. _____ consequences do not work with children who have RAD.

30. When children are coping with angry feelings towards people from their past, they may project their feelings on to their current caregiver. True or False

31. Children with RAD who develop positive relationships will have a more successful prognosis.
True or False

FASD

32. Brain damage caused by prenatal alcohol consumption is permanent. True or False

33. Why will children with FASD complete a task and the next day not remember how to complete it?

34. Children with FASD will be able to access information in their memory weeks later. True or False

In closing, please list 3 resources that you and your family can utilize for support:

Signature & Date	Signature & Date
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Thank you for your continued commitment to the Mille Lacs County Foster Care Program!
Jenn Fronk, LSW